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Ultrasound-Guided Fascial Sheaths Blocks: TAP, QL, PEC, and Knee Infiltration

A complimentary satellite hands-on workshop session held adjunct to the 2017 SAMBA Annual Meeting



Saturday, May 6th, 1:30-4:30 pm
Arizona Ballroom (CDE),
JW Marriott Camelback Inn Resort
& Spa, Scottsdale, AZ

Course director: Jeff Gadsden,
MD, FRCPC, FANZCA. Associate
Professor of Anesthesiology, Duke
University, Durham, NC



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Optimization of pain control while minimizing side-effects from medications is one of the core elements of enhanced recovery. Infiltration of local anesthetic into tissue planes such as the transversus abdominis (TAP) and quadratus lumborum (QL) planes, rectus sheath, and chest wall muscle planes (PECS 1, 2 and serratus) are becoming increasingly popular and have been shown to provide enhanced analgesia for abdominal and breast procedures. Similarly, targeted ultrasound-guided infiltration of the knee is a novel technique that results in quality analgesia with accelerated mobility and functional recovery. With their favorable risk and side effect profile, these techniques are rapidly becoming a standard in many centers, used to supplement or even replace paravertebral, epidural, and nerve block analgesia.

At this hands-on workshop, participants will learn the indications, sonoscopy and techniques for performing these ultrasound-guided infiltration procedures. This 3 hour session will incorporate didactic lectures, innovative 3D virtual cadaver dissection, hands-on scanning of live models and technique practice with high-fidelity anatomical gel phantom models.

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